

# Kinetic Youth Academy

Escape the Heat



at KYA!

## August 2011 Newsletter

- \*Small classes\* Great facility\* Safety\*
  - \*Experienced Staff\* Positive Atmosphere\*
  - \*Easy ONLINE Registration\*
- [www.kineticyouthacademy.com](http://www.kineticyouthacademy.com)!  
Or call 410-676-0021 to register NOW!

Where kids come to move,  
learn, grow, and succeed!



## Stay COOL in KYA Summer 2011 Programs

Join us at KYA for AWESOME Summer Programs designed to keep kids physically active and developing their athletic skills while they build social skills and confidence in a safe, positive, and FUN environment!

- \* FLEX Camps \* Full Day Camps \* 1/2 Day Camps \* Cheer Tumbling Camps
- \* Movement Courses \* Fitness Courses \* Tumbling Courses \*

### Dates and Weekly Themes

Week 6: August 1st-5th ISLAND ADVENTURE

Week 7: August 8th-12th SUPER HEROES

Week 8: August 15th-19th RENAISSANCE

Week 9: August 22nd-26th SPY

Non-members pay an additional \$10 per week for Summer Camp

Discounts: 10% off tuition for siblings, \$10 for adding extra weeks

Camp Show  
Each Friday!

Camps: Jun 20th - Aug 26th  
Courses: June 20th - Aug 19th

FLEX Tumbling and Mini Camp Packages

Choose your days! Monday - Thursday

5 Day Package = \$110 Mini Camp & Tumbling

\*You must reserve your days in advance\*



**KYA CLOSED:**  
July 25th - 29th for  
Summer Break

Burn mega calories and blast fat in a party atmosphere!!

Turbo Kick® mixes kickboxing and simple dance moves set to energetic music. Suitable for ANY fitness level, Turbo Kick® will have you moving and grooving right into a fit new body! This is not your ordinary kickboxing, it's so much more fun! So what are you waiting for? Sign up today!!

Call KYA at 410-676-0021 or Register online at

[www.kineticyouthacademy.com](http://www.kineticyouthacademy.com)!

Questions about Turbokick? Contact one of our enthusiastic instructors:

Debi Mikolowsky: [debi@fitnhealthymommy.com](mailto:debi@fitnhealthymommy.com); 443-564-2345

Dana Harding: [dana.harding@hotmail.com](mailto:dana.harding@hotmail.com); 443-725-4432



Registration for our Fall 2011 Session is being accepted!  
Register early to get your first choice of Fall courses at KYA!