



2018 - 2019 School-Year Schedule

Fall: Thurs Sept 6th - Thurs Dec 1st
 Winter: Mon Dec 3rd - Tues March 5th
 Spring: Wed March 6th - Tues June 4th

CLOSED: Thurs Nov 22nd - Sat Nov 25th
 CLOSED: Sun Dec 23rd - Tues Jan 1st
 CLOSED: Wed April 17th - Tue April 23rd / Mon May 7th

*Schedule is subject to minor changes throughout the year. Please check website or call to confirm classes or register.
 **KYA reserves the right to cancel classes with low enrollment. Satisfaction guaranteed! 100% Tuition-Back Guarantee!

*****Pay as you go!*** \$30/hr or \$22.50 for 45 min class Member Discount=\$5**
 Drop-Ins available in classes with Open Spaces Register by phone 410-676-0021 NOW!

PRE-SCHOOL PROGRAM

Thursday: 9:00am -12:00pm

Kinetic Enrichment Camp (3.5-5 yrs)

Develops student physically, socially, and educationally, in preparation for kindergarten. Each day includes a movement class, peanut-free snack (provided by parents), educational activities for preschoolers, and more! Community socialization in an independent setting is emphasized.

Monthly Tuition

\$143

Toddler Movement (Walking-4 yrs)

45 minute basic movement class in the youth gym with an adult care giver. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Monthly Tuition: **\$67**

Mon: 10:30am-11:15am,
 Wed: 10:30am-11:15am, 5:30pm-6:15pm
 Sat: 10:15am-11:00am

Kids in Motion (3-5yrs)

45 minute INDEPENDENT basic movement class. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Monthly Tuition: **\$77**

Mon: 9:30am-10:15am
 Tues: 9:30am-10:15am, 12:30pm-1:15pm, 5:30pm-6:15pm
 Wed: 9:30am-10:15am
 Thurs: 9:30am-10:15am
 Sat: 11:15am-12:00pm

PRE-SCHOOL CLASSES

TUMBLING CLASSES

Monthly Tuition: **\$87**

Tues: 4:30pm-5:30pm
 Wed: 4:30-5:30pm
 Thurs: 5:30pm-6:30pm

Mon: 6:00pm-7:00pm
 Thurs: 6:30pm-7:30pm
 Sat: 9:00am-10:00am

Tues: 6:30pm-7:30pm
 Wed: 6:30pm-7:30pm

Mini Backhandspring Bootcamp (5-12 yrs)

1 hr basic tumbling course taught using safe progressions with a goal of learning skills up to a backhandspring. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Backhandspring Bootcamp (8-18 yrs)

1 hr tumbling course with a goal of learning a fronthandspring backhandspring, and roundoff backhandspring. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Tuck and Twist Bootcamp (10-18 yrs)

1 hr tumbling course with a goal of learning front and back tucks, and twisting skills. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Boys Momentum (5-12 yrs)

1 Hr long fitness class just for boys to boost cardio and muscular endurance, as well as strength and agility. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Velocity (12-22 yrs)

1 Hr long cross-training fitness class for teens and college students with an emphasis on exploring human movement. Choose 1 day per week. Add a 2nd class per week at 25% discount.

Monthly Tuition: **\$87**

Tues: 5:30pm-6:30pm
 Wed: 5:30pm-6:30pm
 Sat: 10:00am-11:00am

Wed: 7:30pm-8:30pm

FITNESS CLASSES



Looking for Ninja Warrior classes?
 Check out Kinetic Ninja Warrior

Annual Membership required to enroll in classes. \$50 Individual / \$75 Family